

Progress Chart

SKILLS IN ORAL-MOTOR / FEEDING / SPEECH THERAPY

Name: _____

Record the date and any changes for each activity pg. 1

Dates of Service →		✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions
SENSORY									
Sensory Bean Bags	1x								
ARK Probe	10x								
Toothette	1x								
Toothette w/ Vibration	1x								
Vibration (Jiggler, Bug)	10x								
Facial Massage	4-5x								
Myofacial Release	4-5x								
ARK Z- Vibe green tip	1x								
ARK Z-Vibe yellow tip	1x								
FEEDING		✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions
Spoon Feed Side Place.									
Spoon Feed Front Place.									
Spoon Slurp	4oz								
Syringe Feeding	.7cc L/R								
Cut- Out Cup									
Recessed Lid Cup									
Honey Bear with Straw									
Lateral Feed- Cube/Stick									
PHONATION		Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions
Bubble Blowing	10x								
Horn Blowing	25x								
Candle Blowing	10x								
Golf Ball Air Hockey	21 pts.								
Kazoo	10x								

Name:

Record the date and any changes for each activity pg. 2

Dates of Service →		Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions
RESONATION							
Nasal Exhale Tissue	10x						
Nasal Exhale Fog Mirror	10x						
Nose Flute	10x						
Humming	10x						
Oral/Nasal Contrast	20 wds						
Singing/Humming	5x						
ARTICULATION							
Gloved Finger	10x						
Infra-Dent	10x						
ARK Probe	10x						
Chewy Tube-red	10x						
Chewy Tube- yellow	10x						
ARK Grabber- purple	10x						
ARK Grabber- green	10x						
Bite Blocks	15s, 1x						
Gum Chewing	15min						
Slow Feed	10x, L/R						
Jaw Exerciser	5s, 10x						
Single-Sip Cup Drink	16 oz.						
Tongue Depressor	25s, 3x						
Straw Drinking	2 min.						
Button Pull	15s, 5x						
Cheerio, Lower Lip Ret.	50x						
OO-EE-AH	10x						
Tongue Retraction	10x						
Tongue Protrusion	10x						
Tongue Pointing	5x						

Dates of Service →		Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions	Level of exercise	Number of Repetitions
ARTICULATION (cont.)									
Tongue Tip Lateralization	10x								
Tongue Tip Elevation	50s, 1x								
Tongue Tip Depression	50s, 1x								
Tongue Tip Up & Down	50x								
Cherrio Elevation	50x								
Cherrio Depression	50x								
Jaw Closure Tubes	10s, 10x								
Sponge, Balsam	25s, 3x								
SPEECH PRODUCTION		✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions
OTHER EXERCISES		✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions	✓ if targeted	Number of Repetitions