



- In order to discuss your therapy needs in more detail please contact us for a complimentary telephone consultation at your convenience.
- Or you can email info@integratedtreatments.co.uk
- Or use our confidential enquiry form on our website www.integratedtreatments.co.uk



INTEGRATED TREATMENT SERVICES

We would ensure to provide you with information on how you might access further statutory services; NHS Speech and Language Therapy, NHS Occupational Therapy, NHS Physiotherapy and Psychological services.

Where this is difficult to access, we can also help you access our own multi-disciplinary team of colleagues including;

- **Physiotherapy** - Using techniques such as Bobath, PNF, Margaret Johnstone, FES (functional electrical stimulation) and the new Saebo hand rehab system, particularly useful for those recovering from strokes or head-injuries. Physiotherapists can take clients to the gym to promote rehab, assist with swimming and other functional/rehab activities, like walking to the local shops.
- **Occupational Therapy** - Supporting clients in dressing, washing and personal hygiene, eating and drinking, handling objects, developing alternative strategies to succeed in specific tasks. Therapists can support managing work or academic work, interacting with others, accessing activities, organisational skills, handling tools and equipment, receiving orthotics, equipment and advice to increase access to home and community life, increasing levels of independence and overcoming physical and psychological dysfunction.
- **Creative Expressive Therapy** - supporting clients in regaining methods to express themselves, through art therapy, music therapy and/or dance/drama therapy. Helping to increase self esteem, increase physical functioning and regaining confidence.
- **Psychology services** - Clinical and Neuro-psychologists; supporting clients and their families around all aspects of the injury.

To help understand what associated therapies may benefit you please call us for a personalised discussion over the telephone 01509 600646 or 07841 197098.



Integrated Treatment Services

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Adult Therapy Services

High quality speech and language therapy support for adults in multiple settings

www.integratedtreatments.co.uk



Sarah Needham, Director and qualified Speech and Language Therapist manages the therapy team at I.T.S. Our team of therapists can offer high quality speech and language therapy support to adults across the Midlands.

Our team have a range of experience in offering therapy in any of the following areas;

- Difficulties with fluency of speech DYSFLUENCY
- Voice problems DYSPHONIA
- Difficulties producing speech due to muscular control DYSARTHRIA
- Difficulties planning the movements for speech DYSPRAXIA
- Difficulties with language (reading, writing, speaking & understanding) APHASIA/DYSPHASIA
- Difficulties with social interaction due to cognitive impairments COGNITIVE COMMUNICATION IMPAIRMENT

We are often contacted by adults and their families/carers due to an adult experiencing;

- An acquired Disorder - Stroke and Head Injury
- A progressive disease e.g. Motor Neurone Disease
- A head injury or acute accident - affecting communication
- Longer term communication difficulties, continuing from childhood e.g Cerebral Palsy
- Ongoing Augmentative and Alternative Communication aid needs

We would hope to achieve some of the following outcomes

- Make communication easier with family and friends
- Help you to feel better about your own communication
- Provide you with a range of methods in how to successfully communicate
- Help family and friends to use strategies with you to make communication easier and more effective
- Make communication more successful at university or work
- Help you get back to activities or hobbies you had before, or new things you'd like to try
- Find ways to eat and drink safely

Where our therapists have the skills and equipment to support high quality therapy outcomes, we will happily commence work with you.

An Assessment and on-going therapy can take place;

- In your home setting
- In the acute setting - rehabilitation hospitals
- In a family/friends home
- In our clinic

An assessment will take the form of;

- Handover from previous/NHS therapist if applicable
- Formal tests to identify specific difficulties with communication/swallowing
- Informal observations of the client in a range of settings
- Discussions/feedback with the client and family
- Liaison with other professionals
- Report to GP/relevant others
- Therapy programme with agreed goals

Our therapists are mindful of the level of service each client may require, It is important that we can form a therapy plan with you, based on our clinical recommendations, your time availability and of course your budget. We can offer;

- An initial assessment, followed by a report and advice
- Weekly, Monthly, bi-monthly direct therapy sessions
- Telephone and email liaison following a initial assessment