



Integrated Treatment Services are able to offer a complete therapy package to support children, young people and their families, in developing their learning, physical, social and emotional needs.

Integrated Treatment Services offers clients a multi – disciplinary team of professionals including;

- Speech and Language Therapy
- Occupational Therapy
- Creative Expressive Therapy
- Physiotherapy
- Clinical Psychology
- Cognitive Neuro Psychology
- Educational Psychology

All of our multi-disciplinary colleagues are experienced in working with each other as part of a team. Therefore you will experience a seamless delivery of therapy, ensuring that all aspects of the client are considered fully.

We have many positive experiences in how our multi-disciplinary colleagues can work effectively together to fully support the client;

- Occupational therapist and Speech therapist joining together to support literacy development including; formation of letters and the recognition of sounds.
- Physiotherapist and Occupational Therapy joining together to assess the best positioning of a child for work and leisure, providing adaptive equipment to facilitate this process.
- Speech therapist and Cognitive Neuro Psychologist working together to consider the emotional and behavioural needs of a client.
- Speech therapist and Physio therapist working together to obtain best positioning for communication work e.g when using switches.
- Creative therapist and Speech therapist joining together to assess a child motivators and their response to the adult following the child's lead.

Our Multi-Disciplinary team of colleagues can provide an assessment or therapy;

- In our clinic
- In the family home
- In the school/nursery setting
- During leisure activities

Educational and Care establishments can contract these services in sessions to take place within the settings. The therapist's are skilled in joint coaching and skilling up support staff, to enable them to repeat these sessions with confidence at different times across the week, in order to help generalise the skills learnt.



Creative Expressive Therapy

Our therapists utilise an inter modal approach, using expression in general to facilitate clients rather than a specific approach such as music therapy, art therapy or drama therapy alone.

This form of therapy calls upon:

- Art
- Music
- Dance/Movement
- Drama

Our therapists have experienced excellent outcomes for children who experience language and social communication difficulties, including those on the autistic spectrum. This therapy is also highly effective following an acquired condition such as a Stroke.

What are the benefits to the client? Clients learn to develop;

- An awareness of self
- Creativity
- Relaxation methods
- Anxiety and stress relief
- Confidence
- Self-esteem
- Concentration
- Attention and listening skills

In a group session clients learn to develop;

- Awareness of others
- Communication skills
- Group cohesion
- Social skills
- Building Trust
- Listening Skills
- Attention Skills

Occupational Therapy

Many of our children and young people require the support of an Occupational Therapist to help them learn skills of;

Self care:

- Washing and dressing
- Eating
- Tying shoe laces

Productivity skills

- Using scissors, pens, pencils and paper
- Handling objects and toys
- Managing school work
- Organising themselves
- Developing life skills

Leisure skills

- Playing and socialising
- Interacting with others
- Accessing learning and living environments



Some children and young people have;

Equipment needs

- Receiving orthotics
- Receiving equipment - adapted seating, pencil grips, adapted cutlery
- Receiving advice on accessing the community

A need for a specific approach such as;

- Sensory Integration Therapy
- Developmental co-ordination Disorder (DCD) assessment
- Dyspraxia support
- Dyslexia support
- Attention Deficit (ADD/ADHD)
- Physical Impairment
- Visual Perceptual support

Therapists are registered with HPC, NAPOT, BAOT and often OTIP.

Physiotherapy

Many of our children and young people require support from an Physiotherapist to help maximise their physical, mental and emotional development.

Physio therapists can support young people who have;

- Minor or severe, short or longterm difficulties and can affect a child's ability to move and function.
- Learning Difficulties with motor impairment – eg. Autism
- Neurological conditions - eg. Cerebral Palsy, Muscular Dystrophy,
- Developmental Delay, Acquired Brain Injury.
- Dyspraxia - Developmental Coordination Disorder (DCD) assessment - Dyspraxia support, Dyslexia support, Attention Deficit Disorders ADHD/ADD, Physical impairment, Visual perceptual support
- Poor Balance and Co-ordination
- Respiratory conditions - eg. Asthma, Cystic Fibrosis.
- Orthopaedic conditions - Acute and long standing, rehabilitation following trauma. eg. fractures and head injuries, knee pain, back pain.
- Posture and gait problems eg. Toe walking, Flat feet
- Juvenile Arthritis
- Obesity

Therapists are registered with HPC, APCP, OCPPP



Psychology Services

Many of our children and young people require;

support from an *Educational Psychologist* to help them

- Achieve their educational potential
- Access the educational and functional curriculum's to the best of their abilities.
- Understand acceptable ways to present their views, wants and needs, reducing negative behaviour.
- Understand their strengths and needs in order to achieve their goals.

support from a *Clinical Psychologist* to help them;

- Understand their emotions and how to present them in an acceptable manner to others.
- Understand route causes for emotions and how to live in acceptance of this.
- Understand how they present and how this is perceived by others.
- Acknowledge frustrations, fears and anxieties

support from a *Cognitive Neuro Psychologist* to help them;

- Understand how their brain is functioning and how to use it to the best of their abilities.
- Understand about fears and anxieties and how to overcome these feelings without aggression.
- Understand routines and sequences throughout their day and how to organise their lives.

We'd be happy to discuss your requirements in more detail. Please contact the service for a complimentary telephone conversation at your convenience.



Association of Speech
and Language
Therapists in
Independent Practice



ITS therapists are registered with the Health Professionals Council and the Royal College of Speech and Language Therapists. ITS is registered with The Association of Speech and Language Therapists in Independent Practice.