

Self-help strategies

For the learner to identify a solution to a given problem.

You remember one part of the instruction, but forgot the rest...	a) Ask them to repeat/say it again.	b) Make a guess.
You felt the teacher was speaking too quickly...	a) Ask them to say it slower.	b) Do the work anyway and hope for the best.
You don't understand what a word means...	a) Skip to the next question or task.	a) Ask an adult or the person sitting next to you what it means.
The teacher told you something that was too long and you can't remember what they said...	a) Ask them to break it down for you or write it down for you.	b) Copy the person next to you.