

Sound Awareness Programme



Child's Name:

What is sound awareness?

As children get older they become more aware of sounds in words and how words are formed. Speech sound awareness activities support children's speech sound development and are also useful when children are learning to read and write.

Sound awareness involves:

- Syllable awareness
- Identifying the sounds at the beginning, in the middle and at the end of words.
- Identifying rhyming words.
- Generating rhyming words.

In this programme are some activities and games to encourage your child to listen and think about the sounds that they are hearing.

Syllable Awareness

- Put items in a bag and take turns to take one out slowly. Clap out the beats in the word as you say it e.g. car = 1 clap, apple = 2 claps, dinosaur = 3 claps.
- Clap out beats in names the child knows e.g. family, friends.
- Using the 'How many claps?' cards let the child have a turn on a game e.g. pop up pirate, once they have tried to clap how many beats are in the word.
- Look at different objects or toys around the room and try clapping how many beats the word has.

Identifying Sounds

- Start with sounds that are very different e.g. 'b' and 'f'. Find some pictures from magazines that start with those sounds. Label two boxes with each letter/sound and the adult will say the word on the picture. With your child, sort the pictures into the correct boxes talking about the sound that you can hear at the beginning of the word. You may need to demonstrate this to your child a few times until they understand the activity. You could also do this sorting toys or objects.
- Play 'I spy' with your child e.g. 'I spy with my little eye something beginning with d'. If your child struggles give them a few choices of what the word might be.
- You could say a list of words all starting with the same sound and see if your child can add anymore to the list.
- You can use the colouring in sheet for 'b' – can your child hear 'b' at the beginning or the end of the word?

Rhyme Identification

Make sure that you do these activities before moving onto the rhyme generation activities.

- Show your child a choice of 3 objects or pictures – two will rhyme and one will not. Ask your child to listen to the words, can they tell you which two words sound the same at the end/rhyme? E.g. present a cat and a sock...which one sounds like bat? You might have to say the words aloud a few times for the child to listen to.
- Using the 'do they rhyme?' cards once your child has decided if they rhyme or not, let them have a turn on a game of their choice.
- Read books with your child with rhyming words e.g. 'The Cat in the Hat' 'The Gruffalo'. This will help them to become more aware of similar sounds in words.


Rhyme Generation

These activities are for your child once they have learnt how to identify words that rhyme.


- Say a list of rhyming words and see if your child can think of any more. Silly, nonsense words are okay too! You can give some hints e.g. I sleep in my...
- Use pictures or objects and get your child to think of any words that rhyme with them.

Take your time when working through these activities. If you need any more pictures or ideas of games, talk to your child's Speech and Language Therapist.

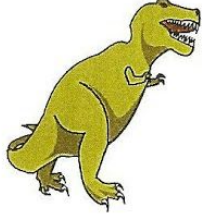
How many claps?



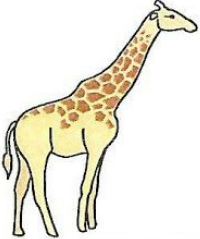
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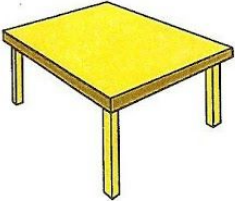
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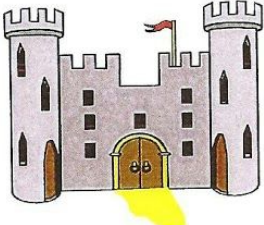
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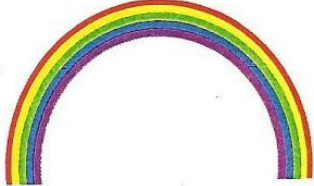
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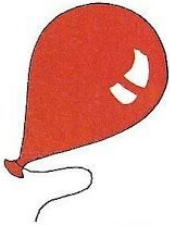
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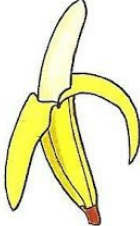
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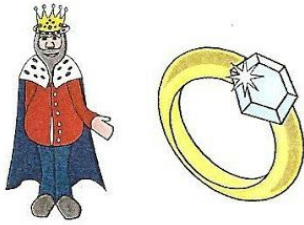
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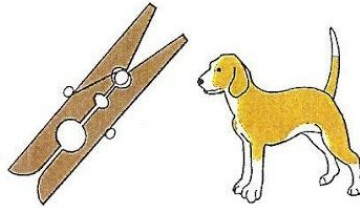
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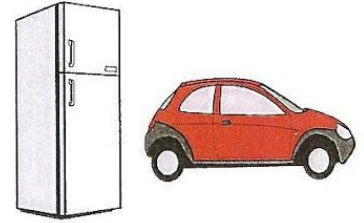
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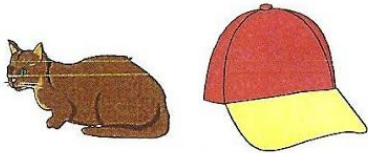
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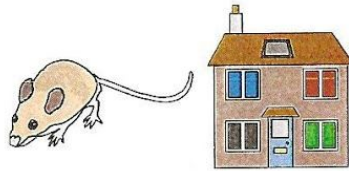
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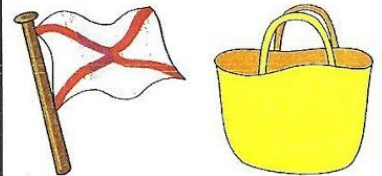
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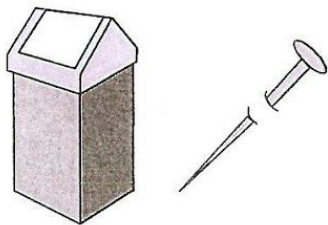
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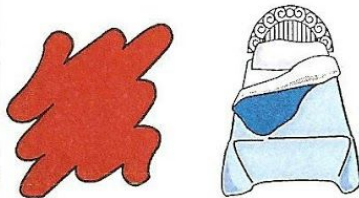
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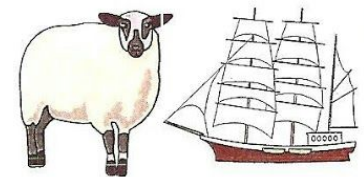
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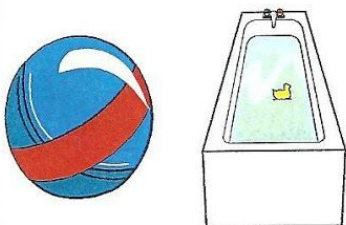
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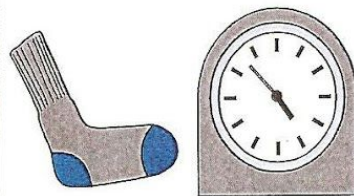
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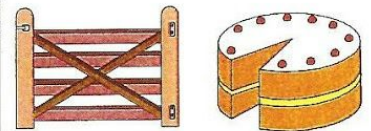
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Is the sound

b

at the beginning or end of the word? Colour the correct box.

